



# *Nurturing Parenting*

## *A Workshop for Parents*

*In this five week workshop, parents will learn about empathy, praise and self-esteem, how to recognize and understand their child's feelings, ways to have fun as a family, Nurturing Parenting routines, and the importance of Nurturing yourself.*

*2008 schedule coming soon...*

*For more information please call*

*TFS Parent Engagement Coordinator, Abbie Flaherty*

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